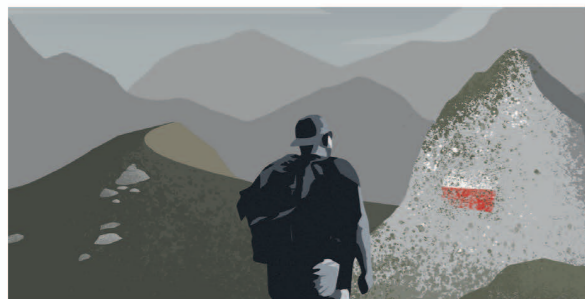


## Wilderness Trail Network

In addition to the Park's Official Trails, within the Monti Sibillini National Park there are numerous historical paths (some of which possess an identifying number), mule tracks, drove roads and old abandoned tracks that in some cases cross fragile areas subject to special protective measures. These 'wilderness' trails pass through areas where nature is at its most untamed. They are not managed directly by the Park, **trail signs are absent or limited to some painted markers** and neither the trails' upkeep nor their recovery is foreseen in the future.

The Park does not prohibit the use of these trails, but access is recommended only for experienced hikers possessing knowledge of the area and suitable equipment and clothing.

Please note that it is possible to seek the services of a Park Guide, who is able to organise different types of experience geared to discovering every corner



of the Park. The wilderness trails may not always be entirely walkable and it is possible to encounter interruptions to the trails, degradation of trail signs and hazardous sections – none of which are attributable to Park management.



Guided visits programme

### Monti Sibillini National Park

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Follow the Monti Sibillini National Park on



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## Official Park Trails

N G E B



## Official Park Trails

The Park supports and promotes contact with nature and discovery of the territory through a network of roughly 900 km of official trails available for the benefit of local communities and visitors alike. Managed and preserved by the Park, the trails have been conceived to be widely used and suitable for all levels of ability.

The main hiking route is the **Grande Anello dei Sibillini**, a 124 km loop that allows hikers to visit and experience each side of the Park.

In a half-day it is possible to follow the **Nature Trails** deep into woods and fields just outside the towns and villages.

The **Hiking Trails** allow hikers to ascend to higher altitudes or venture onto more demanding terrain from where they can discover vast panoramas or reach some of the more evocative places in the Park. The **Sentiero per Tutti** (or 'Path for Everyone') at Forca di Presta deserves a special mention. This 3



km route, at an altitude of more than 1500 m, is suitable for wheelchairs and offers breath-taking views from the Monti Sibillini to the Monti della Laga.

**Mountain Bike Trails** can be found throughout the territory. You can discover the Park via the **Grande Anello Bike** or in day trips around the loops that link villages, woods, pastures and traces of our thousand-year history.

At the trailhead of each Official Trail is an information board outlining the characteristics of the route and the regulations in effect. Along the route different forms of trail signs are present, such as painted signs, cairns, poles and arrows.

Information, constantly updated, is available on the official Park website: [www.sibillini.net](http://www.sibillini.net)

## Nature Trails

Nature Trails, identified by the symbol **N**, offer less experienced hikers, families, children and schools an extraordinary opportunity to discover the Park. They are also ideal for those who have less time but wish to enjoy an experience surrounded by nature.

Conceived to accommodate a vast range of visitors, these loops are only moderately long and do not require any particular hiking ability. The presence of rest stops and viewpoints render the experience even more engaging.



All the trails start from or close to the historic centres of towns in the Park and they aim to reveal important aspects of the territory, such as the fauna, flora, history, local traditions and natural environment.

Two of the eighteen Nature Trails are designated 'for everybody' and are suitable for pushchairs and wheelchairs (the **NT1** in **Fiastra** and the **NT2** at **Forca di Presta**).

Along these routes visitors will find painted trail signs and arrows indicating directions and walking times, along with informational boards containing all useful information.



## Grande Anello dei Sibillini

The Grande Anello dei Sibillini is a 124 km route that encircles the entire mountain range of the Park. The trail is marked with the symbol **G** and is divided into nine stages. At the end of each stage is a hiking lodge. The route runs counter-clockwise from Visso, home of the Park headquarters, but it is possible to start the loop from any of the stages or to simply dedicate a splendid weekend to completing a single stage. The whole loop is walkable but, following the earthquakes of 2016 and 2017, it has been necessary



to introduce detours to some parts of the route. Furthermore, some seriously damaged lodges have been delocalised to temporary structures. It is also possible to sleep in other forms of accommodation along or close to the route. They can be found on the Park website under the relevant stages (**G1, G2...G9**). Discover the natural environment, the range of landscapes and the invaluable historical and cultural heritage of this territory in nine days on foot around the Park. The route can also be enjoyed together with your four-legged friend (but remember the dog must be kept on a leash at all times).



## Hiking Trails

The Hiking Trails, marked with the symbol **E**, are the higher altitude routes in the Park and are conceived for different levels of hiking difficulty: Tourist (T), Hiking (E) and For Experienced Hikers (EE).

At the trailhead of each route an information board displays a general description, a map of the route, an elevation profile, route data and the regulations in effect along the trail. The estimated hiking times take into account brief breaks for recovery and for admiring the extraordinary landscapes and splendour of the Park.



A certain level of experience is necessary if one wishes to follow the trails without a Park Guide. The mountain environment in which these trails are found should never be underestimated. Before starting a hike it is important to check the weather forecasts and to have the necessary equipment, including hiking shoes or boots, water, food, a suitable backpack, sun cream, and clothing for rainy, windy or cold conditions.

Updates on the status and accessibility of the trails can be found at [www.sibillini.net](http://www.sibillini.net)



## Mountain Bike Routes

Fourteen one-day loops (**B1, B2... B14**) have been conceived for mountain bikes. The routes alternate sections of secondary asphalt roads and dirt roads and vary in length between 15 and 48 km, with elevation gain between 400 and 2200 m. The level of difficulty – which can be attenuated with the use of an electric mountain bike – ranges from easy to medium and difficult. A guide is recommended for those lacking experience with electric mountain bikes.



The Grande Anello Bike (**B15a, B15b... B15e**) is a long and spectacular 174 km route that can be completed in 4-5 days and allows one to discover many of the most evocative environments in the Park. The route starts from Visso and runs clockwise, with stages finishing in Fiastra, Amandola, Montegallo and Norcia. Accommodation can be found throughout the territory, as well as in the Park lodges located along the Grande Anello.

Visit the Park website to find out where to rent a regular mountain bike or an electric mountain bike.

